

Practical spirituality

Lecture with Swami Durgananda

Yoga Acharya



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Sunday 5 May
2.30pm

Lecture: Virtues – the path
to inner growth

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Swami Durgananda is Yoga Acharya for Europe and senior disciple
of Swami Vishnudevananda.

Lecture: Members £8.50, Non-members £12.50, Concession £8, 1 tick on class card.



Sivananda Yoga Vedanta Centre

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